



St. Elizabeth Community Hospital

A member of CHW



service
to our community

2008 ANNUAL REPORT

Our Mission, Vision and Values

Our Mission

Catholic Healthcare West and our sponsoring Congregations are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- delivering compassionate, high-quality, affordable health services;
- serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- partnering with others in the community to improve the quality of life.

Our Vision

A growing and diversified health care ministry distinguished by excellent quality and committed to expanding access to those in need.

Our Values

Catholic Healthcare West is committed to providing high-quality, affordable health care to the communities we serve. Above all else we value:

Dignity - Respecting the inherent value and worth of each person.

Collaboration - Working together with people who support common values and vision to achieve shared goals.

Justice - Advocating for social change and acting in ways that promote respect for all persons and demonstrate compassion for our sisters and brothers who are powerless.

Stewardship - Cultivating the resources entrusted to us to promote healing and wholeness.

Excellence - Exceeding expectations through teamwork and innovation.

St. Elizabeth Community Hospital

As a member of Catholic Healthcare West St. Elizabeth Community Hospital is committed to serving the health needs of our communities with particular attention to the needs of the poor, the disadvantaged and vulnerable, and the comfort of the suffering and dying. Catholic Healthcare West has a commitment to quality - quality healthcare services and the promotion of optimal quality of life for all of life.

Our Ministry

Catholic Healthcare West hospitals are technologically advanced without losing the human touch. At St. Elizabeth Community Hospital we foster the belief that people make the difference in the art of healing. We strive to create a professional and healing environment that respects human dignity, provides excellent services, promotes justice in serving the poor, stewards our healthcare resources and collaborates among healthcare providers and community leaders. We believe that high quality healthcare is a right, not a privilege, and we strive to provide healthcare access for all who seek care in our facility.



St. Elizabeth Community Hospital, located in Red Bluff, California serves the nearly 63,000 people who reside in Tehama County plus a secondary service area that includes bordering communities in the counties of Glenn, Butte and Shasta.

SECH is a not-for-profit, 76-bed hospital sponsored by the Sisters of Mercy of Auburn Regional Community. SECH is part of Catholic Healthcare West, a 40 hospital Catholic organization providing health care services in California, Nevada and Arizona.

St. Elizabeth Community Hospital established in 1907 by the Sisters of Mercy of Omaha, offers the surrounding communities the latest in medical technology and comprehensive care.



Improving Community Health

Our affiliated physicians, employees and volunteers recognize and support the physical, emotional, social and spiritual well being of those we serve. We aim to provide the highest quality healthcare within our hospital walls, but we also work in partnership with other local organizations to address the priority health needs of our community outside the walls of the hospital.

We hold ourselves accountable to our community for the human, financial and ecological resources entrusted to our care. We are proud to share this 2008 Report to the Community on the strategic efforts we have undertaken over the last year to promote the health of the St. Elizabeth Community Hospital community.



Community Benefit Programs

In FY2008, St. Elizabeth Community Hospital provided \$10,643,550 in unsponsored care and programs for the benefit of our community. Unsponsored care includes costs of care for persons who are poor, the costs associated with caring for Medicare, Medicaid and other government program beneficiaries, and costs for services our hospital subsidizes because they are not offered anywhere else in the community. The remaining community benefit expenses may also include health professions' education and research, clinic services, health promotion and disease prevention programs, grants and donations of cash or services to non-profit organizations.



To address the Community Needs of the greater Tehama County area, St. Elizabeth supports and collaborates with the following programs.

Safe Education & Recreation for Rural Families (SERRF)

SERRF combines nutritional education with exercise for children in the age categories of 8 to 12 in the format of an after school program. The partnership between SERRF and St. Elizabeth began in 2005 and continues to remain strong. The program addresses the continuing problem of obesity among our youth, as identified in the 2008 Community Needs Assessment for Tehama County. The SERRF program has grown considerably and is now available at 26 Tehama County Schools and serves nearly 1800 students per year. At this phase of the successful SERRF program, St. Elizabeth has invested

additional Community Grant Funds in the program which has enabled SERRF to expand their training curriculum to their staff and other department of education personnel.

Substance Abuse

The Prenatal Substance Abuse Collaborative has been operational since May 2005 and is a self managed program no longer featured as a community benefit program. In 2007 it was reported that 9% of the St. Elizabeth birthing mothers test positive for alcohol and/or drugs and of the 765 babies born in the county, 73 were affected by maternal substance abuse. 46 pregnant or parenting women were referred to the program in 2007 and 30% of them agreed to enroll of which 42% successfully completed drug and alcohol treatment.

Mental Health Services

Mental health continues to be a concern for the greater Tehama County area. To assist in addressing this issue, St. Elizabeth has recently added the first licensed psychiatrist to the active medical staff. This new member of the medical staff will be available for consults.

Access to Quality Health Services

To address the needs of the Tehama County population of 61,686 of which

5% are under 5 years of age and 14.9% are over 65 years of age the 19 active and courtesy medical staff have recently joined our team , 2 Family Practice, 1 Cardiologist, 2 General Surgeons, 2 Internal Medicine, 3 Neurology, 1 Orthopedic Surgeon, 2 Pathologists, 2 Pediatricians, 2 Podiatrists, and 2 Radiation Oncologists.

Sports Medicine Program

In an effort to address obesity in our youth from a different perspective, St. Elizabeth has launched a new community benefit program. The Sports Medicine Program provides injury prevention, CPR and First Aid to the youth athletic programs of the area. Through partnering with the Tehama County Department of Education, St. Elizabeth is working with the administrators, athletic directors, nurses and faculty to address the proper way to engage youth in activities and to provide a safe environment to do so. Currently, the sports medicine program has engaged the middle and high schools of the area in an inaugural coaches' clinic event. The event will include first aid, CPR, hydration, common injuries and taping techniques to all staff engaged in physical activities for kids. The event is scheduled for August 2009 and will become an annual event pending its success.

Community Grants

The CHW Community Grants program, which is funded by contributions from its member hospitals, is one way in which CHW supports and enhances the advocacy, social justice and healthier communities' efforts of its hospitals and religious sponsors. One of the program's objectives is to partner with other nonprofit organizations that share our values and also work to improve the health status and quality of life of the communities we serve.



Last year St. Elizabeth Community Hospital contributed \$32,332 in grant funding to 3 nonprofit organizations serving our community. Grant awards were offered to the following organizations:

Fiscal Intermediary: Zion Christian Ministries of Red Bluff for Back To School Project of Tehama County

Outreach to local underprivileged school-age children. The project provides new shoes, clothing, backpacks and haircuts to qualifying children.



Fiscal Intermediary: Tehama Education Foundation for Tehama County Adolescent Drug and Alcohol Treatment Program

Adolescents will attend outpatient groups on a regular basis and successfully complete their treatment programs. Attendance is tracked on a weekly basis. The focus is to intervene in the disease of addiction and alcoholism at an early age, while providing treatment and collaborative support to give youth the tools necessary to develop into responsible and contributing members of the community. The target population is adolescents ages 12 - 19 who are attending the TCHSA Drug and Alcohol Division's adolescent drug and alcohol treatment programs.

Corning Christian Assistance

Collaborative networks working together to provide food, transportation and propane to the homeless of Tehama County. Referring network for these families to other agencies providing assistance in the county. Currently serving approximately 500 families per month: 84% low-income, 37% children, 20% seniors; average income \$1270 for a family of four, \$900 two-person senior household, \$700 for a two person volunteer household.

Community Investments, Ecology and Advocacy

Community Investments

CHW's Community Investment Program provides below market interest rate loans to nonprofit organizations working to improve the health and quality of life in their communities. CHW borrowers develop affordable housing for low-income families



and seniors, provide job training for unemployed or underemployed persons and create wealth in low-income and minority neighborhoods.

Since 1990 Catholic Healthcare West has invested over \$96.9 million in community based organizations.

Ecology Initiatives

In January 1996 the CHW Board of Directors endorsed the Ceres Principles for environmental stewardship. In endorsing the Ceres Principles, CHW agreed to conduct an internal environmental audit and complete an annual public report on environmental performance. This action positioned CHW as a healthcare leader on environmental issues. At CHW we develop and implement policies for the reuse, recycling and conservation of Earth's resources.



St. Elizabeth has actively partnered with the Tehama County Waste Management department to provide SHARPS collection sites throughout the county. Additionally St. Elizabeth offers portable Sharps and pharmaceutical

collection boxes. St. Elizabeth partners with the county on Earth Day to be a collection site for e waste and for two year, St. Elizabeth has been a major contributor to the Red Bluff Daily News Recycle the Warmth coat and blanket collection project.

Advocacy Efforts

Through effective advocacy efforts, CHW addresses the social, political and economic structures that impact the health of persons, especially those most vulnerable. Our advocacy priorities address issues related to: providing the resources needed to effectively care for those most vulnerable; promoting community health; and advancing ecological initiatives. CHW collaborates with other organizations that share our values



to coordinate public policy and shareholder advocacy efforts.

About CHW

We are committed to delivering compassionate, high-quality, affordable health care services in a compassionate environment that is attuned to every patient's physical, mental and spiritual needs.



Catholic Healthcare West, headquartered in San Francisco, is a system of 41 hospitals and medical centers in California, Arizona and Nevada. Founded in 1986, CHW is the eighth largest hospital system in the nation and the largest not-for-profit hospital provider in California. The CHW network of more than 9,700 physicians and approximately 44,851 employees provides quality health care services during more than four million patient visits annually. In 2008, CHW provided more than \$967 million in community benefit and free care for the poor.

Key Statistics (as of June 30, 2008)

Acute Care Facilities:	41
Acute Care Beds:	8,660
Skilled Nursing Beds:	955
Employees:	44,851
Active Physicians:	9,754
Community Benefits and Care of the Poor:	\$967 million



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