



St. John's Regional Medical Center

A member of CHW



*service*  
to our community

2008 ANNUAL REPORT

# Our Mission, Vision and Values

## Our Mission

Catholic Healthcare West and our sponsoring Congregations are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- delivering compassionate, high-quality, affordable health services;
- serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- Partnering with others in the community to improve the quality of life.

## Our Vision

A growing and diversified health care ministry distinguished by excellent quality and committed to expanding access to those in need.

## Our Values

Catholic Healthcare West is committed to providing high-quality, affordable health care to the communities we serve. Above all else we value:

**Dignity** - Respecting the inherent value and worth of each person.

**Collaboration** - Working together with people who support common values and vision to achieve shared goals.

**Justice** - Advocating for social change and acting in ways that promote respect for all persons and demonstrate compassion for our sisters and brothers who are powerless.

**Stewardship** - Cultivating the resources entrusted to us to promote healing and wholeness.

**Excellence** - Exceeding expectations through teamwork and innovation.

# St. John's Regional Medical Center

As a member of Catholic Healthcare West, St. John's Regional Medical Center is committed to serving the health needs of our communities with particular attention to the needs of the poor, the disadvantaged and vulnerable, and the comfort of the suffering and dying. Catholic Healthcare West has a commitment to quality - quality healthcare services and the promotion of optimal quality of life for all of life.

## Our Ministry

Catholic Healthcare West hospitals are technologically advanced without losing the human touch. At St. John's Regional Medical Center we foster the belief that people make the difference in the art of healing. We strive to create a professional and healing environment that respects human dignity, provides excellent services, promotes justice in serving the poor, stewards our healthcare resources and collaborates among healthcare providers and community leaders. We believe that high quality healthcare is a right, not a privilege, and we strive to provide healthcare access for all who seek care in our facility.



## History and Heritage

St. John's Regional Medical Center in Oxnard and St. John's Pleasant Valley Hospital in Camarillo represent the largest acute-care health organization in Ventura County. The Sisters of Mercy established St. John's Hospital in Oxnard in 1912, which grew from a six-room wooden structure on a ten-acre parcel of land to today's 265-bed facility on a 48-acre parcel in northeast Oxnard, now known as St. John's Regional Medical Center.

## Improving Community Health

Our affiliated physicians, employees and volunteers recognize and support the physical, emotional, social and spiritual well being of those we serve.

We aim to provide the highest quality healthcare within our hospital walls, but we also work in partnership with other local organizations to address the priority health needs of our community outside the walls of the hospital.

We hold ourselves accountable to our community for the human, financial and ecological resources entrusted to our care. We are proud to share this 2008 Report to the Community on the strategic efforts we have undertaken over the last year to promote the health of the St. John's Regional Medical Center community.

# Community Benefit Programs

In FY2008, St. John's Regional Medical Center provided \$43,462,789 in unsponsored care and programs for the benefit of our community. Unsponsored care includes costs of care for persons who are poor, the costs associated with caring for Medicare, Medicaid and other government program beneficiaries, and costs for services our hospital subsidizes because they are not offered anywhere else in the community. The remaining community benefit expenses may also include health professions' education and research, clinic services, health promotion and disease prevention programs, grants and donations of cash or services to non-profit organizations.



Highlights of St. John's educational and direct healthcare community benefit activities in 2008 include the following:

## **Payment Assistance Program**

This program extends health care services at a reduced price to those community members with incomes up to 500 percent of the federal poverty level who have no means to purchase health insurance.

## **St. John's Healthy Beginnings**

This program provides bilingual and bicultural prenatal healthcare services for low-income pregnant women and teens, serving 31 teens and 330 adult women in FY 2008.

## **St. John's Shots for Kids Immunization Program**

In 2008, Shots for Kids, an immunization program for children 0-18 years, increased the immunization compliance percentage of 645 children, whose immunization cards were assessed, from 53% to 89% compliance, working towards the Healthy People 2010 goal of 90% for Ventura County.

## **St. John's Braille Institute Partnership Program**

This collaborative agreement, which began in 2005, provided needed access and vision services for 143 senior community members in 2008.

## **St. John's Health Ministries**

This outreach program provides free clothing assistance, as well as financial, and referral services, weekly food distribution, hot meals, free bus tokens service, and the very popular Adopt-a-Family Holiday Thanksgiving, Christmas food, and gift basket campaign.

In FY 2008, the combined efforts of the basic needs programs totaled 35,204 individual contacts, or services.

The unsponsored community benefits provided by St. John's during fiscal year 2008 reflect its mission to deliver compassionate, high-quality, affordable healthcare services, to provide direct services to our sisters and brothers who are in need and to advocate on their behalf, and to partner with others in the community to improve the quality of life.

# Community Grants

The CHW Community Grants program, which is funded by contributions from its member hospitals, is one way in which CHW supports and enhances the advocacy, social justice and healthier communities' efforts of its hospitals and religious sponsors. One of the program's objectives is to partner with other nonprofit organizations that share our values and also work to improve the health status and quality of life of the communities we serve.



Last year St. John's Pleasant Valley Hospital & St. John's Regional Medical Center contributed \$123,579 in grant funding to 9 nonprofit organizations serving our community. Grant awards were offered to the following organizations:

**Boys & Girls Club- Camarillo**  
Get Healthy Program is an after school fitness, nutrition and education program that will address the negative effects of alcohol, tobacco and drug abuse by promoting healthy eating habits, and increase physical activity

**Boys & Girls Club- Oxnard/Port Hueneme**  
The Shape program for youth ages 6-18 aims to decrease the risks associated with obesity among all youth, but specifically those from low-income families in Oxnard and Port Hueneme, through an integrated approach that includes nutritional education and physical activity.



**Community Action of Ventura County**  
The Senior Home Modification and Safety Program is a community based program which will provide 100 low-income seniors residing in Ventura County, services that would promote healthy and safe homes for this vulnerable population.

**Food Share of Ventura County**  
This program provides healthy after-school snacks to twelve sites throughout the county. Sites such as the Boys and Girls Clubs and PALS sites serve snacks to approximately 1700 children each week. Food Share enlists the help of over 600 Volunteers annually to feed those in need.

**Interface Children Family Services**  
CRP coordinates access to no-cost healthcare for uninsured or

underinsured ill, injured, or otherwise in need children by matching them with professionals in the community willing to donate the necessary assessment and treatment.

**RAIN Communities, Inc.**  
This program aims to establish and promote life-long healthy eating lifestyles as well as housing for homeless families, children and single adults.

**Rescue Mission Alliance**  
This program assists 450 homeless women and/or women with children-- 55% adults and 45% children, 5% Asian, 3%Black or African American, 35% Hispanic or Latino and 57% White or Caucasian—with housing, support and recovery services.

**The Salvation Army- Oxnard/Port Hueneme Corps Center**  
This program serves indigent, uninsured residents in Oxnard and surrounding cities in Ventura County. The majority of clients are from migrant, seasonal-worker households of Hispanic origin.

**Turning Point Foundation**  
The Ventura County Homeless healthcare Project provides each homeless client with a basic physical, health, mental health, alcohol, and substance health assessment.

# Community Investments, Ecology and Advocacy

## Community Investments



CHW's Community Investment Program provides below market interest rate loans to nonprofit organizations working to improve the health and quality of life in their communities. CHW borrowers develop affordable housing for low-income families and seniors, provide job training for unemployed or underemployed persons and create wealth in low-income and minority neighborhoods.

Since 1990 Catholic Healthcare West has invested over \$96.9 million in community based non-profit organizations.

## Ecology Initiatives

In January 1996 the CHW Board endorsed the Ceres Principles for environmental stewardship. In endorsing the Ceres Principles, CHW agreed to conduct an internal environmental audit and complete an annual public report on



environmental performance. This action positioned CHW as a healthcare leader on environmental issues. At CHW we develop and implement policies for the reuse, recycling and conservation of Earth's resources.

## Advocacy Efforts

Through effective advocacy efforts, CHW addresses the social, political and economic structures that impact the health of persons, especially those most vulnerable. Our advocacy priorities address issues related to: providing the resources needed to effectively care for those most vulnerable; promoting community health; and advancing ecological initiatives. CHW collaborates with other organizations that share our values to coordinate public policy and shareholder advocacy efforts.



# About CHW

We are committed to delivering compassionate, high-quality, affordable health care services in a compassionate environment that is attuned to every patient's physical, mental and spiritual needs.



Catholic Healthcare West, headquartered in San Francisco, is a system of 41 hospitals and medical centers in California, Arizona and Nevada. Founded in 1986, CHW is the eighth largest hospital system in the nation and the largest not-for-profit hospital provider in California. The CHW network of more than 9,700 physicians and approximately 44,851 employees provides quality health care services during more than four million patient visits annually. In 2008, CHW provided more than \$967 million in community benefit and free care for the poor.

## Key Statistics (as of June 30, 2008)

|   |                      |
|---|----------------------|
| <b>Acute Care Facilities:</b>                   | <b>41</b>            |
| <b>Acute Care Beds:</b>                         | <b>8,660</b>         |
| <b>Skilled Nursing Beds:</b>                    | <b>955</b>           |
| <b>Employees:</b>                               | <b>44,851</b>        |
| <b>Active Physicians:</b>                       | <b>9,754</b>         |
| <b>Community Benefits and Care of the Poor:</b> | <b>\$967 million</b> |



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