



Woodland Healthcare

A member of CHW



*service*  
to our community

2008 ANNUAL REPORT

# Our Mission, Vision and Values

## Our Mission

Catholic Healthcare West and our sponsoring Congregations are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- delivering compassionate, high-quality, affordable health services;
- serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- partnering with others in the community to improve the quality of life.

## Our Vision

A growing and diversified health care ministry distinguished by excellent quality and committed to expanding access to those in need.

## Our Values

Catholic Healthcare West is committed to providing high-quality, affordable health care to the communities we serve. Above all else we value:

**Dignity** - Respecting the inherent value and worth of each person.

**Collaboration** - Working together with people who support common values and vision to achieve shared goals.

**Justice** - Advocating for social change and acting in ways that promote respect for all persons and demonstrate compassion for our sisters and brothers who are powerless.

**Stewardship** - Cultivating the resources entrusted to us to promote healing and wholeness.

**Excellence** - Exceeding expectations through teamwork and innovation.

# Woodland Healthcare

As a member of Catholic Healthcare West, Woodland Healthcare is committed to serving the health needs of our communities with particular attention to the needs of the poor, the disadvantaged and vulnerable, and the comfort of the suffering and dying. Catholic Healthcare West has a commitment to quality - quality healthcare services and the promotion of optimal quality of life for all of life.

## Our Ministry

Catholic Healthcare West is technologically advanced without losing the human touch. At Woodland Healthcare we foster the belief that people make the difference in the art of healing. We strive to create a professional and healing environment that respects human dignity, provides excellent services, promotes justice in serving the poor, stewards our healthcare resources and collaborates among healthcare providers and community leaders. We believe that high quality healthcare is a right, not a privilege, and we strive to provide healthcare access for all who seek care in our facility.



## History and Heritage

Woodland Healthcare was founded in 1911 by four physicians and was known as The Woodland Clinic Hospital and Medical Group. The current hospital was built in 1967, with generous support from the community. Conveniently located on a 20-acre site, Woodland Memorial Hospital, Woodland Clinic and Woodland Surgery Center provide easy access and multi-specialty services on one campus. In 1996, Woodland Memorial Hospital affiliated with Catholic Healthcare West. Collectively, Woodland Memorial Hospital and Woodland clinic are now known as Woodland Healthcare.

Woodland Healthcare integrated services include a home health agency, rehabilitation services, occupational health, community



education satellite clinics and hospital.

## Improving Community Health

Our affiliated physicians, employees and volunteers recognize and support the physical, emotional, social and spiritual well being of those we serve. We aim to provide the highest quality healthcare within our hospital walls, but we also work in partnership with other local organizations to address the priority health needs of our community outside the walls of the hospital.

We hold ourselves accountable to our community for the human, financial and ecological resources entrusted to our care. We are proud to share this 2008 Report to the Community on the strategic efforts we have undertaken over the last year to promote the health of the Woodland Healthcare community.

# Community Benefit Programs

In FY2008, Woodland Healthcare provided \$8,357,694 in unsponsored care and programs for the benefit of our community. Unsponsored care includes costs of care for persons who are poor, the costs associated with caring for Medicare, Medicaid and other government program beneficiaries, and costs for services our hospital subsidizes because they are not offered anywhere else in the community. The remaining community benefit expenses include health professions' education and research, clinic services, health promotion and disease prevention programs, grants and donations of cash or services to non-profit organizations.



Highlights of educational and direct healthcare community benefit activities in 2008 include the following:

## “Healthy Lives” Diabetes Education

The diagnosis of diabetes had become a national health epidemic for both young and old. Diabetes is a chronic health condition extensively reliant on self management (healthful diet, regular

exercise, stress management and medication adherence) to avoid further complications or death.

Woodland Healthcare provides ongoing diabetes education through a program called “Healthy Lives”. Six week intensive classes are offered and targeted to the Spanish speaking population in Yolo County. Classes are taught in Spanish, 5 -6 times per year at various locations, with 20 attendees per class. Local partnerships for speakers and diabetic supplies have been a success for the program. Patient follow up after classes end is also included for maximum patient compliance and success.

## CARES

Woodland Healthcare assists in funding CARES, the Center for AIDS Research, Education and Services, which supports people with HIV and AIDS. The clinic

offers medical care, psychological/ social support, health education, dental care, and an onsite pharmacy.

Woodland Healthcare focuses on disproportionate unmet health-related needs and improves access to care, by providing prescription medicines to low-income, uninsured patients. This is a separate program for the overall charity care provided by the hospital as part of its mission.

## Support Groups

Woodland Healthcare offers support groups to cancer and stroke patients, their family and friends to assist in coping with the diagnosis, treatment and side effects of cancer and stroke.

# Community Grants

The CHW Community Grants program, which is funded by contributions from its member hospitals, is one way in which CHW supports and enhances the advocacy, social justice and healthier communities' efforts of its hospitals and religious sponsors. One of the program's objectives is to partner with other nonprofit organizations that share our values and also work to improve the health status and quality of life of the communities we serve.



Last year Woodland Healthcare contributed \$55,000 in grant funding to 3 nonprofit organizations serving our community. Grant awards were offered to the following organizations:

## **Communicare Health Centers**

The Promotores de Salud program assists the targeted population in overcoming barriers to primary health services and will improve health outcomes for patients with chronic diseases; focusing specifically on providing culturally and linguistically appropriate health education, support and clinic linkages for the seasonal farm worker and non-English speaking immigrant families in rural Yolo

County who continue to be most at-risk for diabetes, hypertension, asthma, childhood obesity, and childhood dental disease.

## **Rebuilding Together**

This Fall Prevention program will address home injuries and mobility issues among seniors and disabled individuals. There are very limited home modification services available in the region. In Yolo County, seniors identified home repairs/modifications as the # 2 need. The Adult and Aging Commission addressed the need by asking Rebuilding Together to expand the Safe at Home Program into the county because of the lack of available home modification services. Rebuilding Together

would not exist without its collaborative nature. The program's expansion into Yolo County was due to the collaboration of a committee of community leaders and healthcare providers who helped raise money and awareness of the need. They are now actively informing the public about the services. The work is performed by community volunteers.

## **Yolo Family Service Agency**

The Low Income Counseling program provides subsidized counseling for very low income parents and children who do not have public or private insurance and who cannot afford to purchase counseling from private practitioners. While each clinical session costs YFSA approximately \$100, the charge to clients is as little as \$10 per session, depending on their financial status and need. Currently there are 25 names on the waiting list for parents and children requesting low-income individual counseling services. Each client requires at least 10 sessions to address their mental health needs.

# Community Investments, Ecology and Advocacy

## Community Investments



CHW's Community Investment Program provides below market interest rate loans to nonprofit organizations working to improve the health and quality of life in their communities. CHW borrowers develop affordable housing for low-income families and seniors, provide job training for unemployed or underemployed persons and create wealth in low-income and minority neighborhoods.

Since 1990 Catholic Healthcare West has invested over \$96.9 million in community based nonprofit organizations.

## Ecology Initiatives

In January 1996 the CHW Board of Directors endorsed the Ceres Principles for environmental stewardship. In endorsing the Ceres Principles, CHW agreed to conduct an internal environmental audit and complete an annual public report



on environmental performance. This action positioned CHW as a healthcare leader on environmental issues. At CHW we develop and implement policies for the reuse, recycling and conservation of Earth's resources.

## Advocacy Efforts

Through effective advocacy efforts, CHW addresses the social, political and economic structures that impact the health of persons, especially those most vulnerable. Our advocacy priorities address issues related to: providing the resources needed to effectively care for those most vulnerable; promoting community health; and advancing ecological initiatives. CHW collaborates with other organizations that share our values to coordinate public policy and shareholder advocacy efforts.



# About CHW

We are committed to delivering compassionate, high-quality, affordable health care services in a compassionate environment that is attuned to every patient's physical, mental and spiritual needs.



Catholic Healthcare West, headquartered in San Francisco, is a system of 41 hospitals and medical centers in California, Arizona and Nevada. Founded in 1986, CHW is the eighth largest hospital system in the nation and the largest not-for-profit hospital provider in California. The CHW network of more than 9,700 physicians and approximately 44,851 employees provides quality health care services during more than four million patient visits annually. In 2008, CHW provided more than \$967 million in community benefit and free care for the poor.

## Key Statistics (as of June 30, 2008)

<b>Acute Care Facilities:</b>	<b>41</b>
<b>Acute Care Beds:</b>	<b>8,660</b>
<b>Skilled Nursing Beds:</b>	<b>955</b>
<b>Employees:</b>	<b>44,851</b>
<b>Active Physicians:</b>	<b>9,754</b>
<b>Community Benefits and Care of the Poor:</b>	<b>\$967 million</b>



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